

Differences between BLS and Heartsaver CPR

BLS Provider, formerly *Healthcare Provider CPR* is the level needed by Healthcare professionals such as Doctors, Dentists, Nurses, Paramedics, EMT's, Certified Nursing Assistants, Lifeguard's, and etc... they all require BLS for the healthcare provider level of certification. This training is tailored to a bit more detailed assessment and using equipment you would find in hospital or dental offices, such as the Bag Valve Mask. A written and skills test is mandatory and carries a 2 year certification period.

Daycare Providers, construction and office workers as well as educators and coaches require **HeartSaver CPR**. This course teaches a simpler version of CPR and uses equipment you would find in a public setting. A written test is not mandatory for this level of training, but there is a skills test. This course does carry a 2 year certification.

Heartsaver First aid Course Contents

- List the priorities, roles, and responsibilities of first aid rescuers
- Describe the key steps in first aid
- Remove protective gloves
- Find the problem
- Describe the assessment and first aid actions for the following life-threatening conditions: heart attack, difficulty breathing, choking, severe bleeding, shock, and stroke
- Use an epinephrine pen
- Control bleeding and bandaging
- Recognize elements of common injuries
- Recognize elements of common illnesses
- Describe how to find information on preventing illness and injury
- Recognize the legal questions that apply to first aid rescuers